Empower yourself with the eCare Experience™

Clear Spring Health

Clear Spring Health has developed an industry-exclusive process called the **eCare Experience™**, to offer a patented digital care delivery model unlike anything in the Medicare market.

Using a proprietary algorithm that analyzes member demographics, claims, utilization patterns, prescription drugs, health risk appraisal information, and more, a **Clear Spring Health Index** is developed for every member. The Clear Spring Health Index report provides you with a summary of your health information and personalized suggestions to help improve your score and, as a result your health.
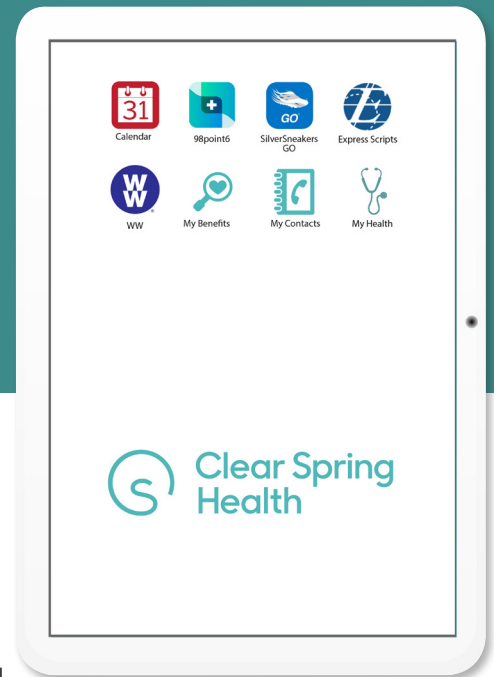
What you can do:

- ⓢ Review your Benefits
- ⓢ Check your Clear Spring Health Index report
- ⓢ Refill prescriptions with the Express Scripts app
- ⓢ Access wellness programs and online classes with Silver Sneakers®
- ⓢ Keep track of appointments, fitness programs and events

How this works:

- ⓢ Members will be contacted to complete a 15-minute Health Risk Assessment (HRA)* Survey via phone or mail within 90 days of your effective date, or you can call 1-866-938-3720 to complete their HRA.

- ⓢ The information gathered in the HRA is used to customize chronic condition and other educational materials on the tablet. Once the HRA is completed, the personalized tablet is sent out to you free of charge to use for as long as you remain enrolled in a Clear Spring Health Medicare Advantage plan**.
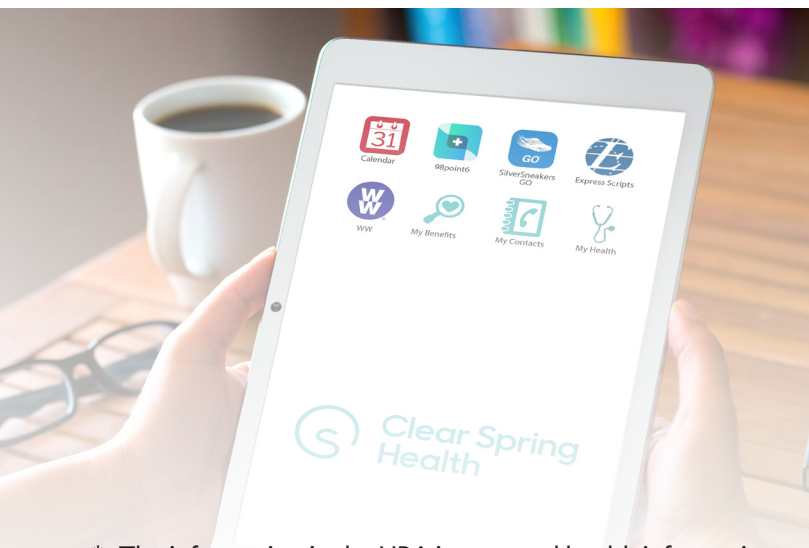
* The information in the HRA is personal health information protected by federal and state law and will be kept confidential. It CANNOT be used to deny health care coverage. Internet access is needed to be able to use the tablet.

** Tablet must be returned to Clear Spring Health if beneficiary cancels policy.

Clear Spring Health has a contract with Medicare to offer HMO, PPO, and PDP Plans. Clear Spring Health has contracts with the Georgia and South Carolina Medicaid programs. Enrollment in these plans is dependent on annual contract renewal with the federal government.

Y0145_MK X071-093021_M